

DOT Medical Clearance: DILATED CARDIOMYOPATHY

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **DILATED CARDIOMYOPATHY**:

FMCSA GUIDELINES FOR HISTORY OF DILATED CARDIOMYOPATHY

- Driver is asymptomatic (i.e. no CHF), tolerates medications/therapy without adverse effect
- LVEF \geq 40%
- No Implantable Ventricular Assist Device
- No Sustained Ventricular Arrhythmia

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.