

**DOT Medical Clearance: PERCUTANEOUS CORONARY INTERVENTION**

## DOT Physical Exam Medical Clearance

**Patient** \_\_\_\_\_

**Date** \_\_\_\_\_

**DOB** \_\_\_\_\_

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **PCI**:

**FMCSA GUIDELINES FOR HISTORY OF PERCUTANEOUS CORONARY INTERVENTION**

- Minimum 1 week waiting period post PCI
- Driver is asymptomatic and tolerates medications without adverse effect
- Vascular access site has completely healed without complication
- Has a satisfactory ETT performed no less frequently than every other year: Driver achieves > 6 METS Bruce Protocol Stage II or equivalent, attains  $\geq 85\%$  target heart rate (unless on beta blockers),  $\geq 20$ mm rise in systolic BP without angina, no significant ST segment depression.

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on fire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.