

DOT Medical Clearance: PULMONARY VALVE STENOSIS

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial motor vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **PULMONARY VALVE STENOSIS**:

FMCSA GUIDELINES FOR PULMONARY VALVE STENOSIS

Any of the following prohibit certification:

- Driver is symptomatic (dyspnea, palpitations, syncope)
- Pulmonary valve peak gradient > 50 mm Hg in presence of normal cardiac output
- RV pressure > 50% systemic pressure
- Greater than mild RVH
- Greater than moderate pulmonary valve regurgitation
- Main pulmonary artery diameter > 5 cm

Post - Balloon valvuloplasty there is a minimum 1 month waiting period

Post - Surgical valvotomy there is a minimum 3 month waiting period

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.